

# Lemont Park District CORE Field House Weekly Schedule

## Monday 9/6

All Ages Open Gym	3pm-6pm	Court 1
Men's Open Gym	6:30 - Close	Courts 1 & 2

## Tuesday 9/7

Cardio Step Blast	9 - 10am	Court 1
Youth Volleyball	3pm-5pm	Court 1
Adult Volleyball	5pm-7pm	Court 1
Rental	4:30 - 6:30pm	Court 3

## Wednesday 9/8

Cardio Box	9 - 10am	Court 1
All Ages Open Gym	3pm - 6:30pm	Court 1 & 2
Rental	7-9pm	Court 3

## Thursday 9/9

Step N Strength	9 - 10am	Court 1
Adult Volleyball	6- 8pm	Court 1
All Ages Open Gym	6pm - 9pm	Court 2 & 3

## Friday 9/10

Advance Cardio Strength	9:15 - 10:15am	Court 1
Adult Child Open Gym	6-9pm	All Courts

## Saturday 9/11

Boot Camp	8 - 9:15am	Court 1
All Ages Open Gym	10am - 4pm	All Courts

## Sunday 9/12

Core Members Only	Open - Close	All Courts
Rental	6-8pm	Court 3

### ADDITIONAL INFORMATION

**Core Members** - Courts can be used anytime they are available & during age appropriate Open Gym times. No supervision is required for CORE Members.

**Open Gym Pass Holders** - Can use pass during the age appropriate Open Gym times. Can also participate during CORE Member only times as long as CORE Member is directly supervising them. Supervision is always required.

**Walk-ins** - Have access to the field house during age appropriate Open Gym posted times only. Supervision is always required.

**Open Gym Sessions** - Each Open Gym session will require a wristband & payment for each session listed. Members & Pass Holders should obtain the correct wristband for each session.

Wristbands should be worn during all Open Gym times. CORE Members Open Gym Pass Holders can obtain a wristband or have member ID available

**Schedule subject to change**